

## Camp Concept:

We want to help you get the most out of this experience. Therefore, we will help in any way possible.

Team Practice: Conducted by the high school coach. This will allow you to work on your plays. Carroll University coaches can be available to help in any way possible.

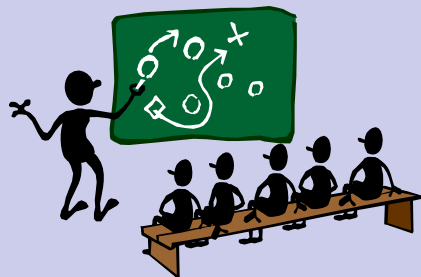
Film: We will set up meeting room space for you to watch tape.

Meals: Three all you can eat meals per day.

Rooms: Come with linen. (2 people per room)

Other facilities: Strength room, pool, gym. (there may be an extra fee for the pool)

Team Building: Run by you or one of the Carroll University Football Coaches.



Carroll University  
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## Football Team Camp

## Football Camp & Team Building Experience



Build Team Chemistry

Develop Team Leaders

Increase Skills

Have fun

## Team Building

Coaches, here is your opportunity to take your team on a retreat and not lose valuable practice time in the process. On the Carroll University Campus you will have access to some of the best training facilities the Waukesha / Milwaukee area can provide. Your team will practice on a synthetic artificial turf field, have access to locker rooms, conduct meetings in our classrooms, and weight train in our strength room. By staying on campus you will not only have opportunity to train and practice but you will also have valuable team building time. Our staff will be available to assist you in any way to compliment your workout time with team building activities.



New Locker room facility

Open in 2007

### Sample Schedule:

<b>9:00 AM</b>	<b>Team arrives to campus Room check in and locker room set up.</b>
<b>10:00 AM</b>	<b>Classroom time</b>
<b>12:00 PM</b>	<b>Lunch</b>
<b>1:30 PM</b>	<b>Team Practice</b>
<b>3:30 PM</b>	<b>End Practice</b>
<b>5: 00 PM</b>	<b>Dinner</b>
<b>7:00 PM</b>	<b>Team Building Activity</b>
<b>9:00 PM</b>	<b>Free Time</b>
<b>11:00 PM</b>	<b>Lights Out</b>

We can accommodate team wanting to spend just one day / night of their summer workouts or teams who would like to spend their entire summer workout schedule at our facilities.

### Cost:

We understand that expense will have some role in deciding if teams can participate in this type of experience. Therefore we will work with you to help make this happen for your team.

Please contact Coach Mark Krzykowski for cost breakdowns and to look into picking a date(s).

All costs will cover: Housing, Food, and All Facility use.

